



Handforth Wilmslow Alderley Athletics Club

affiliated to England Athletics

April 2021 training

When and where are the sessions?

Thursdays from 7.00 to 8.00pm at Wilmslow High School. (This time slot may need to change later in the term.)

Format: Outdoor training on field adjacent to the main car park.

What do parents and athletes need to do?

The following measures will ensure that the school and the club maintain a 'COVID-secure' environment:

- For any athlete who **did not** attend training in September and October 2020, a parent must provide a completed health questionnaire and declaration before the athlete attends the first session. (We already have these documents for Sep/Oct attendees).
- Under no circumstances should athletes attend training if there is a requirement for them to self-isolate (please see our COVID-19 attendance policy).
- Athletes should come equipped for training outdoors.
- Athletes should avoid using the school toilets if at all possible – please 'go' before leaving home. If needing to use toilets, athletes must wash hands on entry and exit plus observe social distancing measures.
- Athletes should bring a water bottle and their own sanitiser.
- Athletes should maintain a 2m distance from coaches and any members of the public who may be using the site.
- Athletes should adhere to other COVID-safety guidance explained to them by the coaches at the session. (These depend on the training programme.)
- Parents should park in the main car park only – not the smaller one close to the sports hall.
- Parents should also maintain social distancing when dropping off and collecting athletes.
- Parents wishing to stay to watch during the session should be socially-distanced from other parents and the athletes.

If you have any questions, please email us on hwaac@hotmail.co.uk.

Thank you.

Mark Norman

(HWAAC COVID-19 Coordinator)